

YEAR 5 AND YEAR 6 RELATIONSHIPS AND SEX EDUCATION CURRICULUM.

Tuesday 7th June 2022.

GROUND RULES

- In both Year 5 and Year 6 ground rules will be set at the beginning of each session to ensure the children are all aware of how we treat each other in the session.
- We encourage the children to be respectful of others and to only discuss things they are learning with adults or the peers in their class.
- We also will have a question box available to allow children to ask questions. Any questions we can't answer will be passed on to parents.

Be respectful to others and yourselves in what you say and do

- don't make others uncomfortable, anything that happens at playtime which upsets others is unacceptable. Only talk to adults or other children who have been learning about growing up.

Do ask us Questions

-opportunity to ask them through a question box, we don't mind answering questions you have at playtime/lunchtimes in future.

- We will let you know if we are unable to answer your questions



THE GOLDEN
RULES



LEARNING IN EACH YEAR GROUP

Year 5

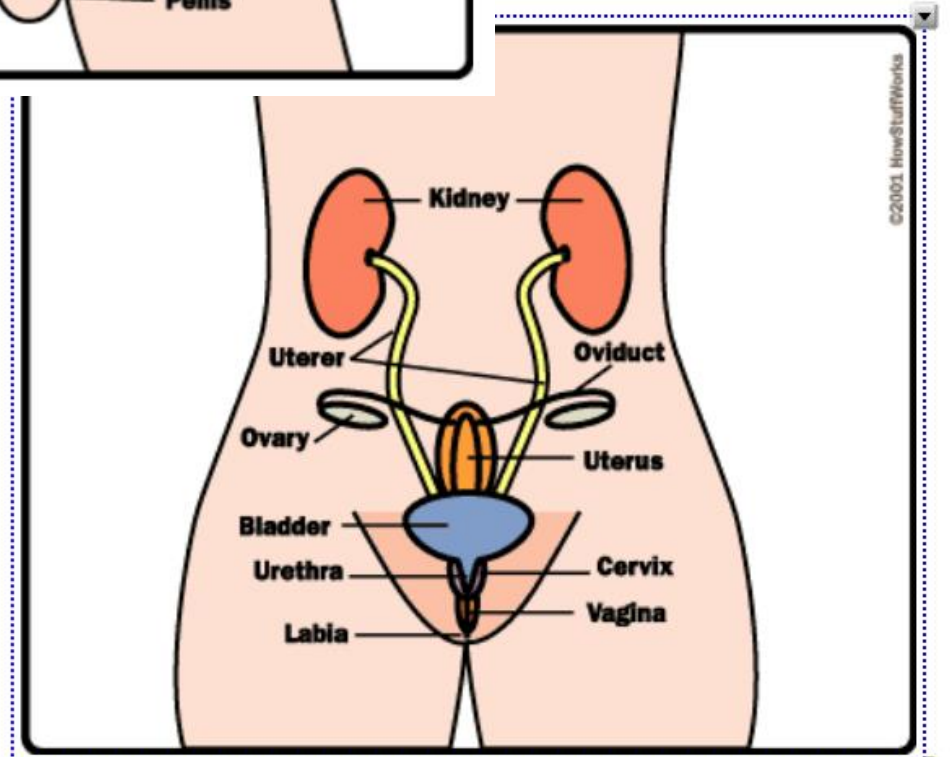
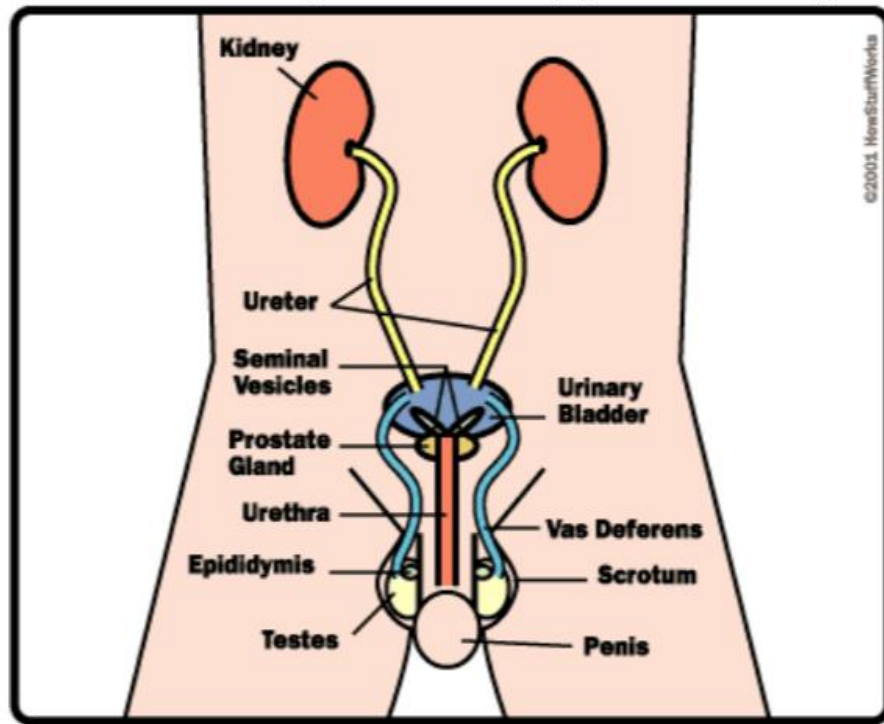
- To identify male and female sexual parts confidently and describing their functions.
- To know terminology for sexual parts appropriate for use in different situations.
- To know and understand about the physical changes that take place at puberty and how to manage them. (Growing up session)
- To understand that physical changes affect people in a variety of ways and at different rates. (Growing up session)
- To understand how the media, families and friends can influence attitudes to their bodies.
- To know about the aspects of personal hygiene relevant to puberty and the implications of these. (Growing up session)
- To understand that safe routines can stop the spread of viruses and bacteria.

Year 6

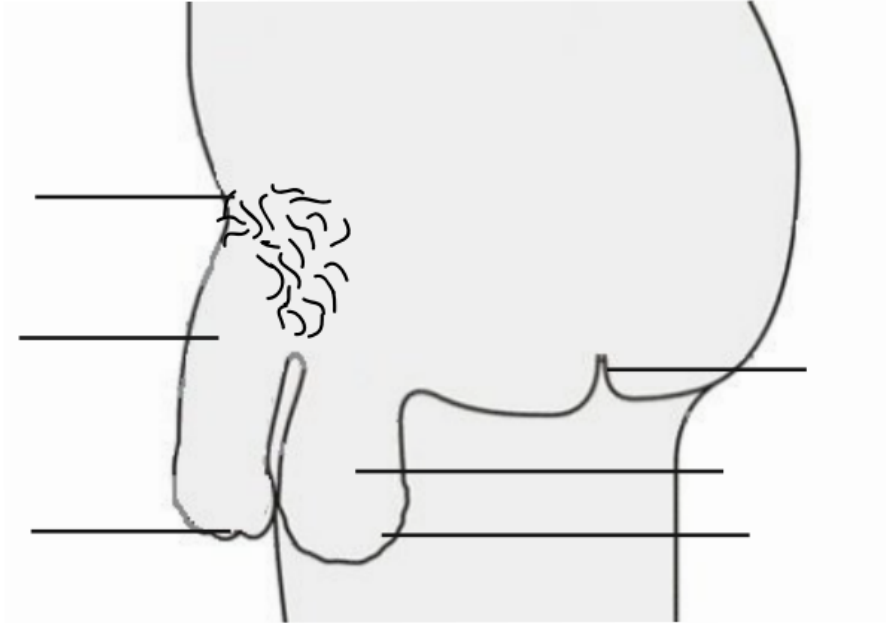
- To know about different ways babies are conceived and born, including sexual reproduction and sexual intercourse. (Sex education)
- To be able to recognise their changing emotions with friends and families and be able to express their feelings and concerns positively.
- To understand that they have some responsibility for the feelings and wellbeing of others.
- To have an awareness that there should be a stable, caring relationships in a family to ensure children are cared for securely.
- To consider the reasons people enter marriage, civil partnerships e.g. love, trust, commitment.
- To be aware of and respect a wide range of family arrangements e.g. second marriages, fostering, same sex partners and extended families.

VOCABULARY USED

- Children will be using vocabulary mentioned on the board. We explain to the children that these are the scientific terms and this is what we expect children to refer to during our sessions.
- Children will be using these images for this.
- This is mainly used in Year 5.



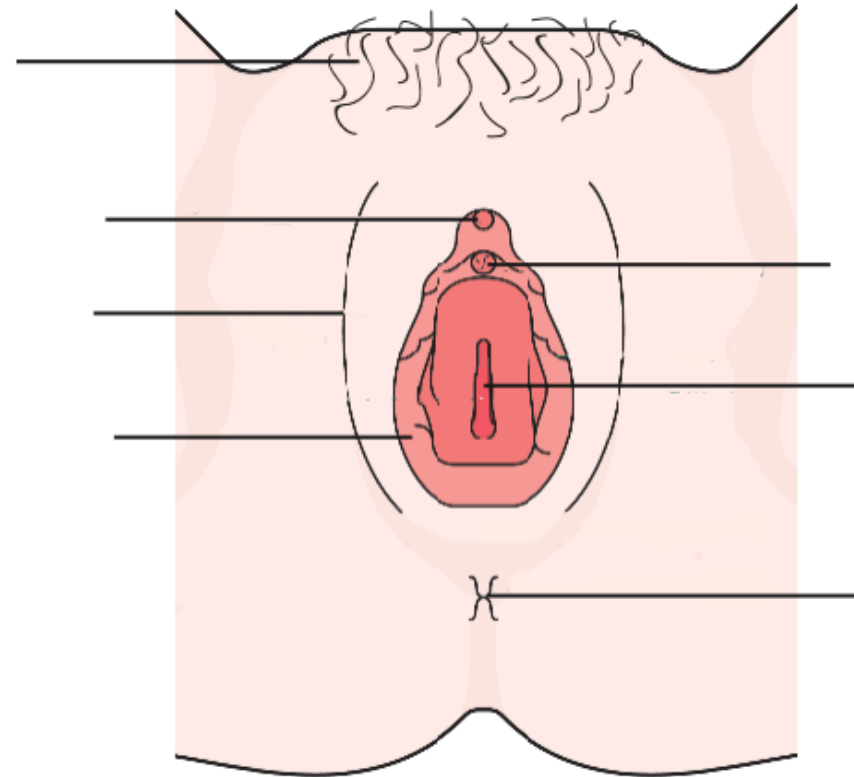
Resource 2 - Male External Parts



penis	anus
testicle	pubic hair
scrotum	opening to the urethra

Resource 3 - Female External Parts

The whole area is called the _____



Outer Labia	Clitoris	Anus	Opening to the urethra
Inner Labia	Pubic hair	Vulva	Opening to the vagina

YEAR 5 GROWING UP SESSION

- Children will be split into a boys group and a girls group. These will be led by a male member of staff with the boys and a female member of staff with the girls.
- We will start by covering the vocabulary and body parts ensuring children have a good understanding of both the male and female body and what the different parts are for.
- Then we will watch a video briefly explaining puberty to the children.
- Children will have a range of activities to have a look at such as sorting cards into groups of what happens to boys/girls/both and when things may happen in puberty.
- The children will have a chance to do a true or false quiz – this allows us to understand any misconceptions the children may have.
- Both groups will then watch a video about periods. The girls will have a chance to ask more detailed questions about this as well as looking at some sanitary products.
- Children will then have a discussion about the way their bodies change and the rate their bodies may do this. We will read stories such as Hair in Funny Places and Zagazoo.
- We will also cover personal hygiene and what children might need to use.

OTHER RESOURCES THAT MAY BE USED IN THE YEAR 5 SESSION FOR ADDITIONAL NEEDS.

Ask Lara videos

- Bad hair day: https://www.youtube.com/watch?v=AFpJjXw8wsY&ab_channel=TomoCanal
- Having words: <https://www.youtube.com/watch?v=Bg2xZ9BCI6Q>
- Oh no! its here: https://www.youtube.com/watch?v=wTjysJjEXIY&ab_channel=TomoCanal
- Sticky situation:
https://www.youtube.com/watch?v=Sf9em0YQJOM&list=PLsDFAJClp4v6xz3NJ6r1KEdHdPk8S2X1J&index=10&ab_channel=TomoCanal
- Oh no! B.O:
https://www.youtube.com/watch?v=k882qrJ1J4I&list=PLsDFAJClp4v6xz3NJ6r1KEdHdPk8S2X1J&index=8&ab_channel=TomoCanal
- Spot of Bother:
https://www.youtube.com/watch?v=oBij4XYF3Mo&list=PLsDFAJClp4v6xz3NJ6r1KEdHdPk8S2X1J&index=2&ab_channel=TomoCanal

YEAR 6 SEX EDUCATION LESSON

- As seen from the coverage, there is one session which is classed as sex education. The learning objective from this session is: To know about different ways babies are conceived and born, including sexual reproduction and sexual intercourse.
- As always children will be reminded of ground rules.
- Children will be encouraged to make a list of female and male external and internal body parts. Children will be encouraged to select the words they feel are appropriate for school and are the science words. The images from earlier will be used to support this.
- Children will then be encouraged to draw/write what they know about how babies are made. Here they might draw on knowledge from Year 4.
- We will discuss how babies are made through other ways than just sexual intercourse. This will be through asking the children what they know and clearing misconceptions that may arise.
- We do not go into detail about sexual intercourse.
- Resources may be used such as books like What makes a baby? Or Where Willy Went.
- The rest of the Year 6 topic is based on emotions, family relationships and marriage.

THANK YOU FOR COMING.

